

## Ainsdale Medical Centre

### Patient Participation Group Meeting Thursday 17<sup>th</sup> November 2016

#### Agenda

1. Apologies
2. Minutes of the last meeting & matters arising
3. Constitution, Membership & Officers term of office
4. Jean Washbourne - report from Mental Health Study Day
5. January Meeting
6. Launching Website
7. Newsletter
8. AOB

#### Present

Chair: David Waugh

Practice Clinical Representative: Doctor Stuart Bennett

Practice Administration Representative: Paul Ashby

Secretary: Gill Mayren

Members: Paul Ellis, Jean Washbourne, Rodney Dykes, Helen Graham, Roger Grand  
Ryan Forrest from Access Sefton

#### **1. Apologies**

Kenneth Lowe, Roy Connell

#### **2. Minutes from the last meeting and matters arising**

(Ryan Forrest from Access Sefton sitting in on PPG meeting to get a feel of how the group works, he will later be doing a talk on IAPT – Improving Access To Psychological Therapies).

No matters arising from the minutes of our last meeting.

#### **3. Constitution**

A copy of proposed constitution has been circulated by email; this will be a useful element to work from should the group be challenged at any point in the future. Some references have been taken from NAPP. With reference to 'Quorum', it was agreed to change this to read as four members not a fraction of total members to keep things simple. It was agreed to limit the amount of time members can be a part of the PPG so as not to feel pressured; two years was suggested and agreed on as one year did not feel long enough. Next AGM

arranged for September 2017. This will give the group time to elect new members and advertise positions.

#### **4. Mental Health Study Day Report from Jean Washbourne**

The local churches will be providing a sensitive attitude and support to people with mental health problems, they are not taking over from the GPs(!) During the meeting it became apparent that some people did not realise that Alzheimer's and Dementia were classed as mental health problems. There was a suggestion that patients with mental health problems be referred to debt management schemes or local gyms. Dr Bennett explained that this was already happening within the practice through Active Sefton. It was identified that one of the biggest problems is lack of social care – suggestion that maybe the church could offer services or help in some way. Overall the meeting gave people a better understanding of the variety of mental health problems that people suffer from. Jean's question to the group was how can the PPG (and the Practice) work more effectively to support the churches in this valuable work.

#### **5. January Meeting**

Betty Boner will be giving a talk at the January meeting on Health Watch Community Champions (<http://www.healthwatchsefton.co.uk/community-champions/>)

#### **6. Launching Website**

The PPG website is now live in two places:

Live: <http://ainsdalemcpatients.org.uk>

Test: <http://ppgdemo.yellowbeetle.co.uk>

The homepage and events diary has been linked to other sites. The website includes information on Healthwatch, services within the practice and informative external links including links to our constitution and terms of reference. There is also a contact page on the website which DW will monitor. We are hoping to use the website to write articles, for instance information from the meeting JW attended which could open up topics and start discussions. In the future we will look into adding a moderated forum, this needs to be proactive in order to work; the group will need to decide on some moderators for this. A link from the main practice website to the PPG website will be added.

#### **7. Practice Newsletter**

PA has offered the PPG a full page of the practice December newsletter to advertise our work and role. It will be possible to advertise the launching of our website and our January meeting. Members to inform DW of any content they wish to add to this. Suggestion to advertise the flu injection for any patients which have still not had this; 5000 patients were invited and 3700 given.

## **8. AOB**

The practice has now been inspected by the CQC and yesterday the draft report was received which rated Ainsdale Medical Centre as GOOD overall and outstanding in the domain Well Led. The practice is pleased with this and does not intend to challenge this outcome. PA thanked members of the PPG team for their help – members were very complimentary.

Jean highlighted that 14-20 November is [Self-Care Week](#) in the UK. A suggestion was made to promote this campaign more actively next year. The group to look into this for next year and order appropriate leaflets etc. Paul added that there is a website that lists all the various 'weeks' throughout the year. Last year we supported AF Awareness week in association with the Stroke Association. We should do more events like this and self-care awareness seems a really good campaign to promote in the surgery.

Martin Maynard, has approached DW and JW asking if the group would like to write an article to go in a new local magazine 'The Natterjack'. Martin is a local journalist and has lived in the village for approximately two years and the magazine will be circulated to every house in Ainsdale. We have written a small article explaining who and what we are for now.

**Next meeting Thursday 5<sup>th</sup> January 2017**